

Benefits Events Calendar

February – 2022

Seminars are open to all City employees. Pre-register for new employee benefits orientation using the e-mail address provided. **If there is no registration information, registration is not required.** Questions – Contact Central Benefits at **615-1340** for most sessions or call **447-1924** if you have questions about the Deferred Compensation presentations.

February 2022			
Date	Event	Time	Location/Registration
2/2/22 Wednesday	Celebrate Your Heart	12:30 pm – 1:00 pm	Click here to register https://bit.ly/3KwxAZM
2/3/22 Thursday	Leaving Your Legacy – Deferred Compensation	12:00 pm – 1:00 pm	Click here to register https://bit.ly/3G8P2B0
2/8/22 Tuesday	Understanding and Overcoming Unconscious Bias	11:30 am – 12:30 pm	Click here to register https://bit.ly/3rgfsdX
2/9/22 Wednesday	Hinge Health	11:30 am – 12:30 pm	Click here to register https://bit.ly/3HLiU7a
2/10/22 Thursday	Women & Retirement – Deferred Compensation	12:00 pm – 1:00 pm	Click here to register
2/15/22 Tuesday	Navigating the Site – Deferred Compensation	12:00 pm – 12:30 pm	Click here to register
2/16/22 Wednesday	TalkSpace	12:00 pm – 12:30 pm	Click here to join https://bit.ly/3AU3JX9
2/17/22 Thursday	Avoiding Tax Filing Fraud	1:00 pm – 2:00 pm	Click here to register bit.ly/RFLclass015
2/23/22 Wednesday	TalkSpace	12:30 pm – 1:00 pm	Click here to join https://bit.ly/349NWHu
2/24/22 Thursday	Working Parents – Achieving Balance	11:30 am – 12:30 pm	Click here to register https://bit.ly/3IDPPuE
Online Any time	Health Plan Options for Retiring Employees	N/A	http://www.seattle.gov/human-resources/benefits/retirees/scers